Non-Verbal Learning Disorder (NVLD) Checklist

Use this checklist to identify common signs of NVLD in children and adults.

■	Difficulty with motor skills (poor coordination)
■	Trouble understanding spatial concepts
■	Poor handwriting
■	Difficulty reading body language
■	Struggles with social interactions
■	Difficulty with math and visual tasks
■	Strong verbal skills
■	Trouble understanding jokes or sarcasm
■	Poor organization skills
■	Anxiety or low confidence
■	Difficulty following multi-step instructions
■	Trouble adapting to new situations